



**MEET GARFIELD'S
SCHOOL
COUNSELING TEAM**

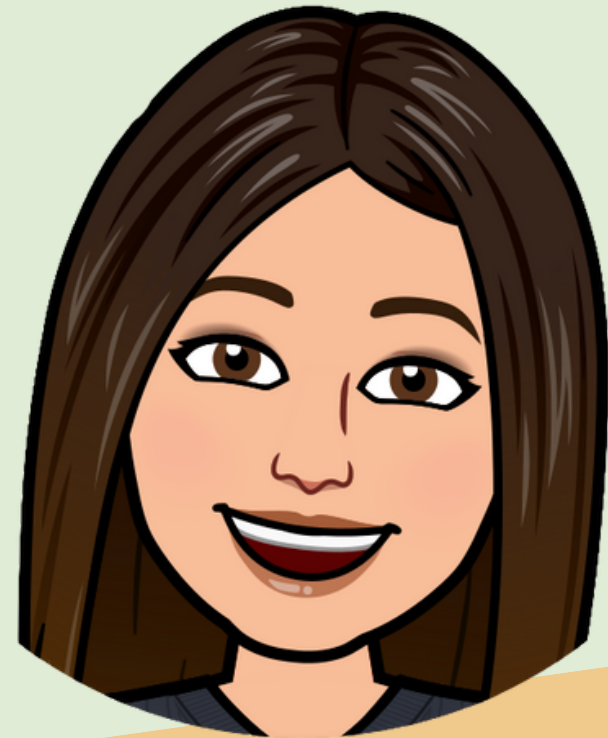


ICE BREAKER/ ROMPEHIELO

Choose a Question/ *Escoja una pregunta:*

1. Share two things you are good at
a. Comparta 2 de sus fortalezas
2. Share something that is important to you
a. Comparta algo que es importante para usted
3. A goal you want to accomplish this school year
a. Comparta una meta que tiene para este año escolar

WHO IS MY SCHOOL COUNSELOR?



Ms. Estrada

A-G, Z



E-mail:
Sarahi.Estrada@SAUSD.US

Phone:
714-972-5377

WHO IS MY SCHOOL COUNSELOR?



Ms. Campos

H-PA

E-mail:

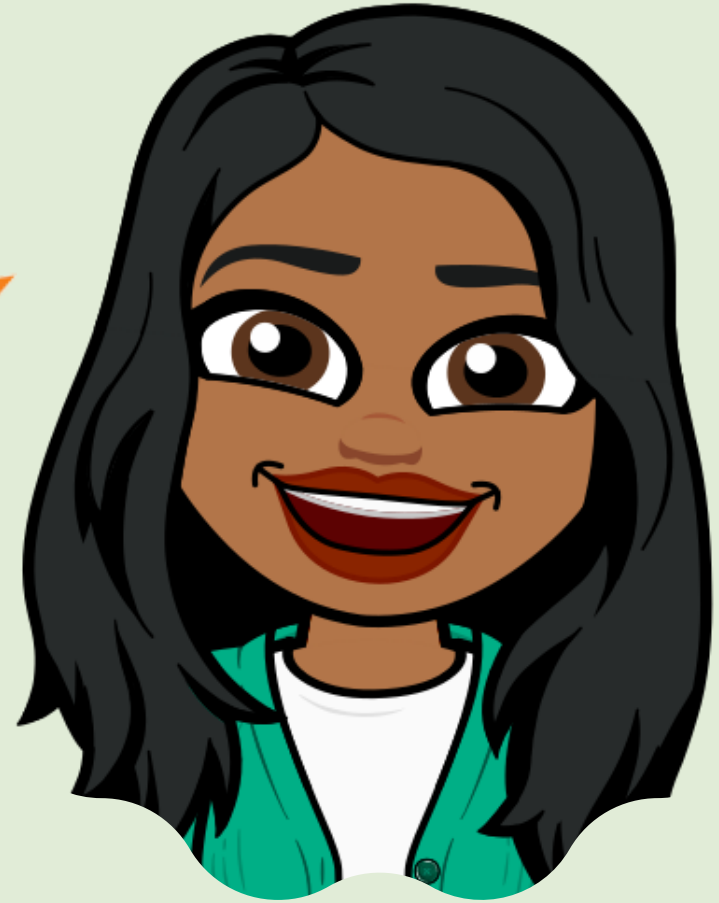
Zahire.Campos@SAUSD.US

Phone:

714-972-5382



WHO IS MY SCHOOL COUNSELOR?



Mrs. Leon

PE-Y

E-mail:

Roxana.Leon@SAUSD.US

Phone:

714-972-5369

WHAT IS THE ROLE OF A SCHOOL COUNSELOR?

School counselors focus on the development for every student in three domains:



ACADEMIC



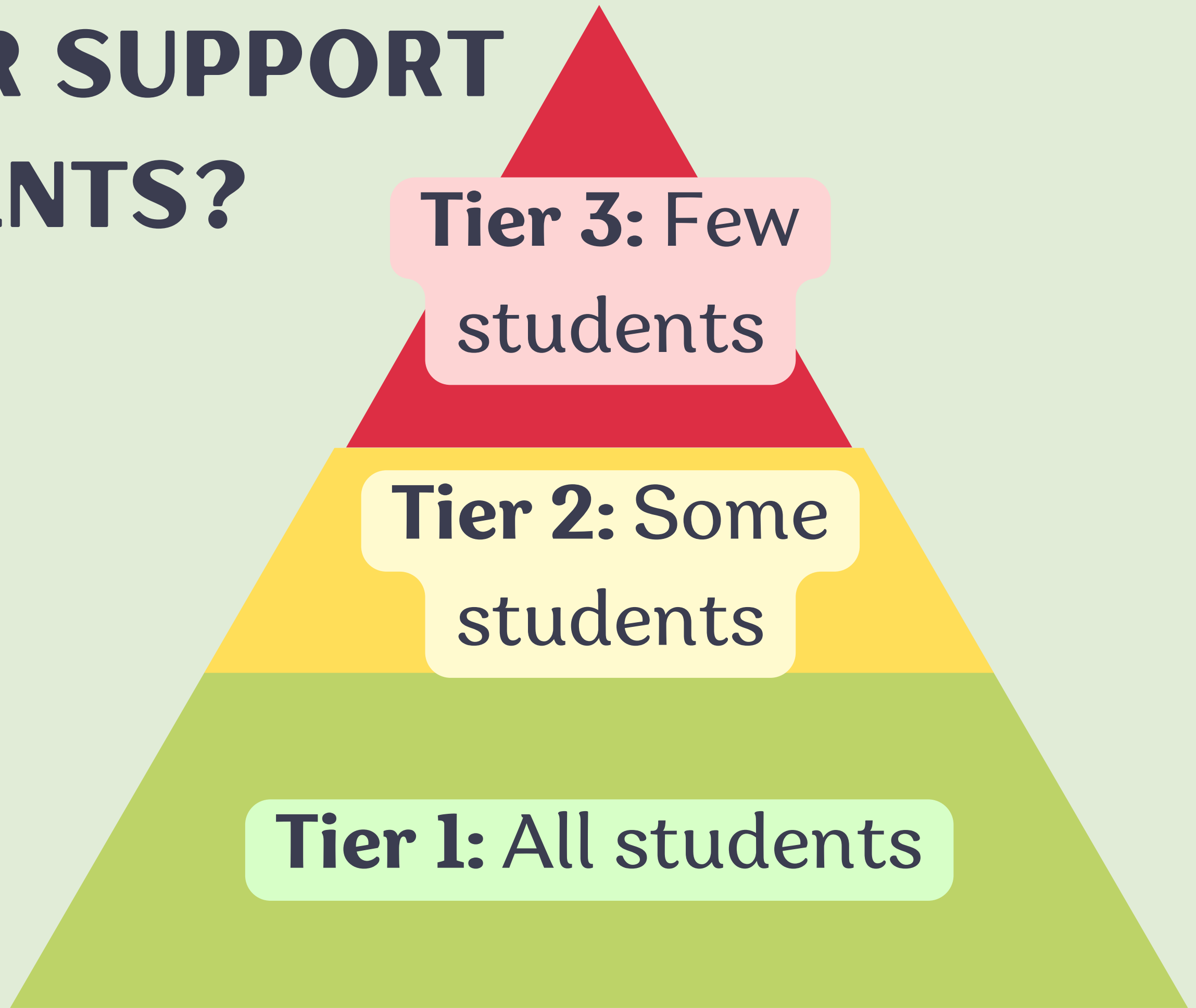
**SOCIAL/
EMOTIONAL**



**COLLEGE &
CAREER**

HOW DOES A SCHOOL COUNSELOR SUPPORT STUDENTS?

School counselors support students in three tiers:



SERVICES THAT SCHOOL COUNSELORS CAN PROVIDE/ HELP WITH:



Classroom Lessons

Feelings/ Emotions

Coping Skills

Problem Solving

Friendship

Career

Learning Skills



School-Wide

Recess Activities

Spirit Days/ Weeks

School-Wide Contests

Special Events/
Fundraisers

SERVICES THAT SCHOOL COUNSELORS CAN PROVIDE/ HELP WITH:



Individual

Problems/ Concerns
(Family/ Friends)

Coping Skills (Loss/
Separation)

Problem Solving/
Check-In (short-
term)



Groups

Practice new skills

Support

Provide support to
multiple students at
once

LIMITS OF CONFIDENTIALITY

As School Counselors, we are required to keep any information shared in our check-ins *private*,
unless:

1. Someone is getting **hurt**
2. Someone is **hurting** themselves
3. Someone is **hurting** others



HOW CAN STUDENTS SEE THEIR SCHOOL COUNSELOR?

- Students may ask their teacher
- Students may ask their parents
- Students can let us know when they see us on campus or after a classroom lesson



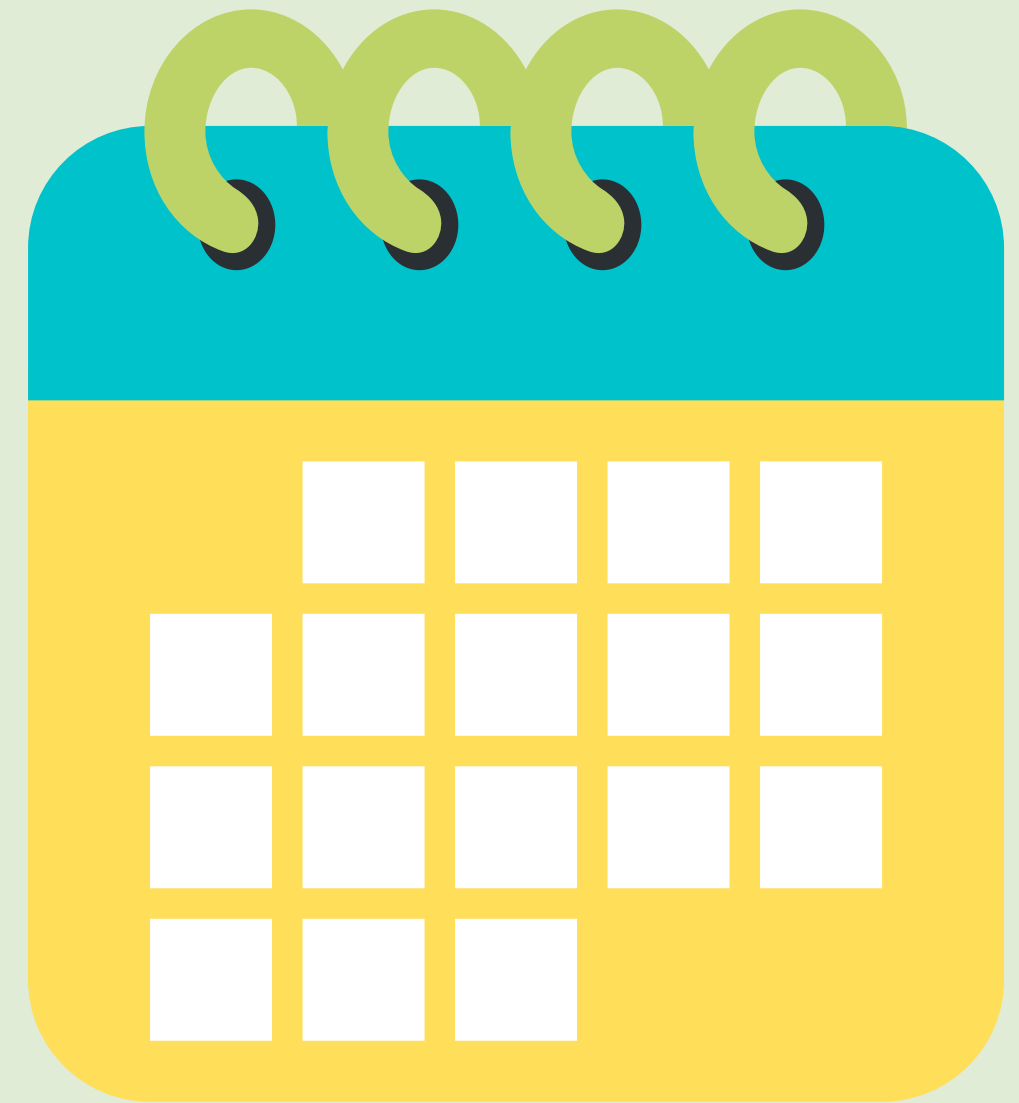
HOW CAN A PARENT OR LEGAL GUARDIAN CONTACT A SCHOOL COUNSELOR?

- You may call or email
- You may ask the front office staff or your child's teacher
- You may check our website for updates



WHEN DO WE SEE STUDENTS?

- We are aiming to check in with students within one week if it's a low or moderate risk referral
- If the risk is high, we will see the student immediately



Thank you!

Questions?



@garfielddgators_counselors

